

Pay dates for 2023

The tables below show the pay dates for CalSTRS benefit payments in 2023. Payments are made in arrears, so the payment you receive each month is for the prior month's benefit. The State Controller's Office issues the payments and determines the check mailing and direct deposit dates. You can also view 2023 pay dates online at CalSTRS.com/paydates.

2023 pay dates

Benefit month	Check mailing date		Direct deposit date
	Southern California ZIP codes beginning with 900-930 (and out of state)	Northern California ZIP codes beginning with 931-961	
January 2023	1/27/23	1/27/23	2/01/23
February 2023	2/24/23	2/24/23	3/01/23
March 2023	3/29/23	3/30/23	3/30/23
April 2023	4/27/23	4/28/23	5/01/23
May 2023	5/26/23	5/26/23	6/01/23
June 2023	6/27/23	6/28/23	6/30/23
July 2023	7/27/23	7/28/23	8/01/23
August 2023	8/29/23	8/30/23	9/01/23
September 2023	9/27/23	9/28/23	9/29/23
October 2023	10/27/23	10/27/23	11/01/23
November 2023	11/28/23	11/29/23	12/01/23
December 2023	12/27/23	12/28/23	1/02/24

2023 supplemental benefit payment dates

Payments are made to members and beneficiaries whose current benefit is worth less than a specified percentage of the original benefit when adjusted for increases in the California Consumer Price Index. The percentage is currently set at 85%.

Benefit month	Check mailing date		Direct deposit date
	Southern California ZIP codes beginning with 900-930 (and out of state)	Northern California ZIP codes beginning with 931-961	
March 2023	3/29/23	3/30/23	3/30/23
June 2023	6/27/23	6/28/23	6/30/23
September 2023	9/27/23	9/28/23	9/29/23
December 2023	12/27/23	12/28/23	1/02/24

What if your payment hasn't arrived yet?

Direct deposit

If you have direct deposit, your financial institution has until the close of the direct deposit date to place the funds in your account. Please contact your financial institution to find out what time it places your funds into your account.

Paper checks

If your benefit payment is mailed to you and you have not received it by the fifth business day of the month, contact us at **800-228-5453**.